STATE

OF THE

LINCOLN

LUNATIC ASYLUM.

(Instituted November 4, 1819.)

1840.

Lincoln:

PRINTED BY J. STAINTON, BOOKSELLER, HIGH-STREET.

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LINCOLN LUNATIC ASYLUM.

SIXTEENTH REPORT.

The improved Plan of the Lincoln Asylum is completed, and the Governors can now have the satisfaction of witnessing in this Institution, the essential principles of sound construction secured, and as it were inscribed on the premises and soil: the errors of the original building and courts having been gradually modified and corrected, and every facility afforded for the mild and sound treatment of the patients. The tediousness of the process has been compensated by the time gained for experience and consideration; and the cost compensated by the saving of human life and suffering which has resulted, under an able and zealous ministration.

Very nearly five years have now elapsed without a single instance of suicide; while in the preceding years no less than seven instances had occurred, viz. four (in the day time) between August 1821 and April 1833 inclusive, and three (in the night time) between July 1834 and May 1835 inclusive.

Among the various improvements, which have been effected in the last year, may be particularized—the removal of the projecting windows, by means of which four of these instances of suicide were effected—the substitution of boarded instead of flagged floors throughout the whole of the patients' departments—the enlargement of the airing courts to double their former size—the additional breadth of the flagged walks, by the use of spare flags for that purpose—the converting the former dining into sitting rooms—the thorough ventilation of the dormitories and other sleeping rooms.

In order to prevent the attendants being distracted from their special and peculiar duty, The undivided care of their Patients, a "Bedmaker" has been engaged for the dormitories and other watch rooms, with other lighter duties in the household, and the plan has been found very convenient.

To prevent any irregularity in the issue of the patients' Accounts, it has been directed that the

patients' Ledger as well as the house Ledger shall be made up weekly, so that an accumulation of book-keeping towards the end of the quarter, may not prevent the due issue of the patients Bills, with that minute details of items and charges, to which the friends of the patients are entitled.

The family of the late celebrated Dr. Willis has presented to the institution a valuable portrait, painted by the late Sir Thomas Lawrence.

APRIL 8TH, 1840.

E. Ff. BROMHEAD.

CHAIRMAN.

OFFICERS.

PRESIDENT.

The Right Honorable the EARL of YARBOROUGH.

VICE-PRESIDENTS.

The Right Honorable the EARL BROWNLOW, F. R. S.

The Right Honorable the EARL of RIPON.

The Rev. Sir CHARLES JOHN ANDERSON, Bart.

Sir GILBERT HEATHCOTE, Bart. M. P.

Sir WILLIAM AMCOTTS INGILBY, Bart,

Sir WILLIAM EARLE WELBY, Bart.

Sir EDWARD FFRENCH BROMHEAD, Bart. F. R. S.

The Very Rev. GEORGE GORDON, D.D. Dean of Lincoln.

The Rev. RICHARD PRETYMAN, Precentor of Lincoln.

CHARLES CHAPLIN, Esq.

CHAs. D. W. SIBTHORP, Esq. M. P.

ROBERT VYNER, Esq.

TREASURER.

JOHN FARDELL, Esq. F. A. S.

AUDITORS.

JAMES SNOW, Esq.—Mr. G. BROOKS.

PHYSICIANS.

E. P. CHARLESWORTH, M. D. W. D. COOKSON, M.D.—RICHARD ELMHIRST, M. D.

SURCEONS.

Mr. SNOW,—Mr. HEWSON,—Mr. HOWITT.

House-Surgeon, Mr. W. SMITH.

MATRON, Miss ANN VESSEY.

SECRETARY, Mr. J. WILSON. SURVEYOR, Mr. J. YOUNG.

Trustees of the Real Estate.

The Very Rev. GEORGE GORDON, D. D. CHARLES MAINWARING, Esq.

Kitchen, and Scullery

From Dec. 23 to Dec. 30, 1839.	M.	$ F_* $	Totals.	
Number of Patients in the House.	58	51	109	
First Rank.	7	3	10	17
Second Rank.	3	3	6	ا مام
Third Rank.	48	45	93	ing
Maintained by their Friends.	21	13	34	Cleaning hen
Maintained by the Public.	37	38	75	
Less than 1 year since the 1st attack.	5	6	11	ork, Ki
From 1 to 2 years since the 1st attack.	8	3	11	e-wo
More than 2 years since the 1st attack.	45	42	87	•
Less than 1 year since admission.	14	15	29	453
From 1 to 2 years since admission.	7	9	16	Var Var La
From 2 to 16 years since admission.	28	14	42	ittin W the
Re-admitted cases, not included in the above.	9	13	22	-Knitting,. War In the La
Not expected to recover.	54	42	96	
Expected to recover.	4	9	13	Females.
Convalescent.	0	2	2	Fen
Employed.†	23	25	48	
Attended Evening Prayers.	33	23	56	
Attended Chapel on Sunday.	33	23	56	2 6 2
Cases of Idiotcy.	2	0	2	Ä
Cases of Epilepsy.	8	3	11	-
Cases of Paralysis.	1	2	3	other room,
Cases of Imbecility.	17	7	. 24	: & : T
Insensible to calls of nature.	6	8	14	ter, nt-
Refuse food.	2	0	2	rds, &c
Dangerous to themselves.	22	24	46	ls, &c. mping Employ
Dangerous to others at present.	5	6	11	ards, Pump Pump or Emp
Dangerous to others occasionally.	19	22	41	
Disposed to destroy Clothing, &c.	16	23	39	- Gr. 2 >
Under Night, Watch.	27	24	51	nin deni out
In a Noisy Room.	1 0	0	0	Cleaning Gardening out-d
Under any Day Restraint.	0	0	0	
Under any Night Restraint.	0	0	0	Males.
Sick.	1	0	1	Ma
Under Surgical treatment.	3	1	4	-{
Died.	0	0	0	
d				-

Number of the Patients ad	dmitted, and	d of those Discharged from	the Books,	
from Jan. 1, 1839, to Dec. 31,	1839.	from April 26, 1820, to	Dec. 31, 1	839.
	Tot.		M. F.	Tot.
Remained Jan. 1, 183956	45 101	Admitted	353 282	635
Admitted in 183924	21 45	Re-admitted cases	68 70	138
Re-admitted in 1839 2	11 13	Discharged	.363 301	664
Discharged in 183924	26 50	Remaining Dec. 31, 183	9. 58 51	109
Remained Dec. 31, 1839. 58	51 109			

State of the Patients when Discharged from the Books,

from Jan. 1, 1839, to Dec. 31, 1839.	from April 26, 1820, to Dec. 31, 1839.
As recovered	As Recovered 310
Improved 5	Improved
Removed during treatment 5	Removed during treatment 125
Improper objects 1	Improper objects
By order of the Board 2	By order of the Board 17
Escaped 2	Escaped 7
Dead	Dead
50	664

Re-admissions.

Of the 635 patients admitted, have been re-admitted,	Of the 310 patients discharged a recovered, have been re-admitted
72 Patients 1 time each 72 cases. 16 2 times each 32 6	29 Patients 1 time each 29 case 5 2 times each 10
4 5 20 1 8 S	$egin{array}{cccccccccccccccccccccccccccccccccccc$
95 Patients	38 Patients. 57 case

Of whom 4 have died, and 4 remain in the Asylum.

Causes of the Deaths in 1839.

Apoplexy	2	Diseased Brain	2	Psoas Abscess
Cholera Morbus	1	Epilepsy	1	Typhus Fever 1
Consumption				

Causes of the Deaths from April 20, 1820, to December 31, 1839.

Abscess in the Brain 1	Dying when admitted 7	Maniacal Exhaustion 6
Apoplexy10	Erysipelas 1	Old Age 8
Catalepsy 1	Epilepsy10	Paralysis 2
	Fever 3	
	Found dead in bed 2	
	Gradual Exhaustion28	
Diseased Brain 2	Inflamed Brain 1	Typhus Fever 4
	Lungs 2	l ·
	- Parotid Gland. 1	
	Locked Jaw 1	
•		

Periods of Decease after Admission.

Between 17 days	Days 7—14	Weeks 2-4	Months 1—3	Months 3—6	Months 6—12	Years 1—2	Years 2—3	Years 3—16	Total
5	8	8	15	15	24	20	10	23	128

Ages at the time of Decease.

Betw20	20-30	30-40	40-50	50-60	60-70	70&upw.	unknown	Total.
1	13	28	27	25	14	11	9	128

Recoveries in the Lincoln Lunatic Asylum from the commencement, as affected by the Duration of the Complaint before Admission or Re-admission.

Totals.	147	87	54	11	က	σ	310
Admitted, Idiots. 4.	0	0	0	0	0	0	0
Admitted, the period of attack not known. 21.	0	0	0	0	0	0	0
Admitted, having had previous attacks. 254.	58	33	29	4	1	က	128
Admitted Admitted Admitted heriod of attack between between between between s months of 3 & 12 mo. of 1 & 2 years of being upwards the 1st attack, the 1st attack, the 1st attack, 126. 43.	ಣ	ಣ	ಣ		0	ന	13
Admitted between 1 & 2 years of the 1st attack, 43.	1	သ	4	0	0	1	6
Admitted between 3 & 12 mo. of the 1st attack. 126.	13	SO.	ಸಂ	22	-	0	32
Admitted within 3 months of the 1st attack.	72	40	13	1	-	-	128
Periods of Recovery.	Discharged within 3 months after admission.	6 months after admission.	between 6 and 12 months after admission.	2 years after admission.	between 2 and 3 years after admission.	after 3 years.	Totals.

Results of the Cases placed on the Books in 1839, as found on March 31, 1840, following, shewing the current Practice of the House.

*	State w	State when Admitted.	itted.	State v fro	State when Discharged from the Books.	narged ks.	Remained March 31, 1840.	ined 1, 1840.
Duration of Attack previous to Admission.	Expected Expected to	Not Expected to Recover.	Not Expected Recover- to ed.	Recover-	Removed during Treat- ment.	Dead.	Expected Expected to to the Expected to the Ex	Not Expected to Recover.
Admitted within 3 months after the 1st Attack.	9	0	0	4	0	0	67	0
Admitted between 3 and 12 Months after the 1st Attack.	9	00	0	0	62	0	ۍ	2
Admitted between 1 and 2 Years after the 1st Attack.	73	4	0		0	0	Н	4
Admitted, the period after Attack being upwards of 2 Years.	,	တ	0	-	6.1	П	0	مد
	11	10	67	10	23	c3	0	9
	56	30	ଷ	16	60	က	00	25

DISBURSEMENTS,

from January 1st, 1839, to December 31st, 1839.

£. s. d. £. s. d.)	£. s. d. £. s. d.
Balance brought forward 2073 7 $10\frac{1}{2}$	Brought forward 4491 3 $3\frac{1}{2}$
Secretary	Escape of a Patient 2 12 0 Medicine
	House Linen 90 12 8
household $64 \ 7 \ 11\frac{1}{4}$	Ironmongery, Bra- ziery 97 6 7 289 13 2
Bread 50,220 lbs 408 18 8 Butter 1264 lbs. 62 19 10 Cheese for the house- hold 823 lbs. 25 13 6 Coffee 72 lbs. 7 4 6	Fire Engine, with Hose, Pails, &c 16 16 0 Six Wheelbarrows 6 10 0 Shrubs 3 4 10 26 10 10
Eggs	Leading 37 18 0 Joiner 561 11 4 Mason, Bricklayer 518 4 1 Painter 41 2 11 Plumber, Glazier 107 15 4
$egin{array}{cccccccccccccccccccccccccccccccccccc$	Smith 167 5 7 1433 17 3
Plums, Currants 5 12 10 Porter 0 3 0	Interest
Potatoes, 3444 pecks 105 10 7 Poultry 1 19 11	Patients' Clothing 323 14 4
Rice 313 lbs. 5 4 8 Salt, Pepper 4 9 3½ Sugar 1824 lbs. 53 3 3 Tea 311 lbs. 78 3 0 Vegetables 6 4 10 Wine 1 18 0 1584 13 3¾	Patients' Advances returned on discharge
Candles688 lbs. 21 16 11 Coal 144 tons 122 5 9 Firewood 6 10 7 Mops, Brushes 12 7 6 Oil for Lamps 9 17 6 Soap1302 lbs. 34 9 10 Starch, Blue 3 18 6 Straw28 18 6 Sundries25 19 8½ 266 4 9½	£ 6775 2 9½

RECEIPTS.

from January 1st, 1839, to December 31st, 1839.

Cash from Patients, including payments in advance and Clothing. Annual Subscriptions. Benefactions, including one of £500 from a "Country Gentleman" Dividend on Stock Produce of £200 Stock in the 3½ per cents By sale of Building Materials Old Bricks Grease Bones Swill Ashes Rags Found in the Charity Box. Balance	89 520 3 200 47 3 9 2 10 1 1	2 15 0 10 2 1 12 1 1 18 15 18	d. 6½ 0 0 0 6 11 6 1 9½ 3 0 8½ 3 3
Balance $\widehat{\mathfrak{L}}$	2663 6775	18	3 9½

STATE OF DEBTS AND CREDITS,

January 1st, 1840.

DEBTS.

	£.	s.	d:
Patients' Advances in hand	385	13	6
Due to the Bank	2677	13	4
CREDITS.			
© (a, ∀ 3.2 a)			
Due from Patients	33	7	21/2
Advanced to the House-Surgeon in 1830	20	0	0
——— Matron in 1831, 1832	30	0	0
Surveyor in 1833, 1834	50	0	0
Balance of advances to Ditto in 1838	22	6	1
Cash in the hands of the Secretary	13	15	1

Number of each Rank of the Patients admitted in 1839.

First Rank .. M. 4. F. 1 | Second Rank .. M. 5. F. 4 | Third Rank .. M. 18. F. 26.

Average Consumption of Bread and Meat.

Average Consumption of Bread, per head, per day 17½ oz.

Average Consumption of Meat, per head, per day, as uncooked, and including bone 8oz.

Charged to the Patients for Board, Lodging, & Attendants, in 1839, £2807 7 4½, viz. 1st. Rank. £468 0 0 | 2nd Rank. £307 9 2 | 3rd Rank. £2031 18 2½

Charged to the Patients for Board, Lodging and Attendants, from the Opening of the Institution in March, 1820, to December 31, 1839.

1st Rank 1 Patient at £ 9							
2							
$2 \dots \dots$	1	5	0	47	6	7	
59	1	1	0	4099	16	1 £ 4382 6 8	
2nd Rank93	0	15	0	2942	13	1 2942 13 1	
3rd Rank23	0	12	0	453	0	4	
162							
$242 \dots \dots$							
143	0	8	0	4279	12	$0\frac{1}{2}$ 19,220 11 $8\frac{1}{2}$	
						£ 26,545 11 $5\frac{1}{2}$	

Variations in the rates of payment by some of the same Patients, will account for the apparent excess of Patients in some of the above Tables, beyond the real number.

Principal Provisions, &c. purchased for the Asylum,

1	1837,		1839.				
Butter	£. s. d. 46,440 1,088 10 6 7 580 316* 156 10 3 183 2 16 0 41 128 303 9 9 21,756 128 15 4 0 137 12 10 2 40 33 12 6 16 12 6 23 5 0 45 19 0 1,738 50 4 0 282	£. s. d. 300 2 11 50,2 1,2 16 4 9 6 9 17 11 152 13 9 4 2 0 16 12 8 486 5 4 23,3 115 11 0 5,4 15 16 2 8 8 2 46 3 2 4 18 0 22 8 11 1,3 15 12 1 47 3 4 1,3	£. s. d• 408 18 8 664 62 19 10 688 21 16 11 623 25 13 6 644 122 5 9 72 7 4 6 642 22 13 4				
	age number of Per	,					
	1837,						
Patients	90 15		107				
Totals ,	105	112	127				
Daily average Con	nsumption of $oldsymbol{B}$ re	ead and Meat, p	er head,				
Bread	1837,	1838,	1839.				
Meat		$0Z. 8\frac{1}{2}$	oz. 8				
Weekly average Loss on Bread & Meat, as shown on taking Stock weekly, 1837, 1838, 1839.							
Bread	s, 3 oz. 6	lbs, 1 oz. 10	lbs. 0 oz. $1\frac{3}{4}$				
Meat lb	s. 4 oz. 14	lbs. 4 oz. 12	lbs. 4 oz. 4				
Number of Patients Admitted,							
	1837,	1838,	1839.				
Self-supported Patients	20 33	* * * * * * * * * * * * * * * * * * *	28 30				
Am	ount received from 1837,	1838,	1839.				
Self-supported Patients £ 1 Parochial Patients £ 1	1021 15 0	£ 984 5 1 £ 1411 1 2	£ 1252 8 6 £ 1543 12 10				

^{*} Meat has been substituted for Cheese in the diet of the Household since April 9, 1838.

[†] Milk has been substituted for Gruel in the diet of the Patients since May 6, 1839.

^{§ 1100} Pecks of Potatoes were purchased in December, 1839, in store for the following year.

EXTRACTS FROM THE RULES.

BOARDS.

An Ordinary Board of the Governors is held Weekly at the Asylum, on Monday at One o'Clock.

A General Board of the Governors is held Quarterly on the second Wednesday of January, April, July, and October, at Twelve o' Clock.

ADMISSION OF PATIENTS.

The Ordinary Board regulates the admission of Patients.—The Forms of Admission, with other necessary information, are immediately supplied to applicants, by the Secretary or House-Surgeon.

The House-Surgeon, during the intervals of the Boards, may, on emergency, provisionally admit Patients who have complied with the necessary Forms, subject to the opinion of the Physician.

Where any difficulty occurs in conducting Patients to the Asylum, the Physician may send a confidential Attendant and needful Apparatus for the purpose; for which no charge is made beyond the expenses incurred.

The following are the usual terms for Board, Lodging, Attendants, and Medical Treatment.

		£	s.	d.
1st Rank	per v	veek 1	1	0
2nd Rank		0	15	0
3rd Rank, Males		0	9	0
Females		0	8	0

Special Contracts may be made for extra Attendants and Diet.

A "Deposit of six weeks' payment," and a "Payment in advance up to the next Quarter Day," are required with each Patient on admission.— The Friends may advance for any additional Quarters, if more convenient.—The Quarter Days fall on the first of January, April, July, and October, respectively.—On the removal or death of any Patient, the amount due to the institution is deducted, and the surplus returned.

OFFICIAL VISITING.

A "Governors' Memorandum Book" shall lie upon the Board Room Table, for their remarks at such times as they shall think proper to visit the Asylum.

At each Quarterly General Board the Governors present or some of them, shall be requested to inspect the Asylum, and see every room and Patient, and report forthwith to the Board.

At each Ordinary Board, one of the Governors shall be appointed Visitor for the week next succeeding, to visit the Asylum daily if convenient, to see every Patient once at least in the week, to make any enquiries which may seem fit, and to enter his observations in the "Weekly Visitor's Book;" and no person whatsoever shall interfere to prevent the most minute examination of the Establishment.

OCCASIONAL VISITING.

Persons wishing to visit the Asylum, may be personally introduced by one of the Physicians, Surgeons, or Governors, or by the written order of a Governor; and the House-Surgeon may admit any respectable non-resident of Lincoln to see the Establishment, without a special order.

VISITS OF FRIENDS.

The Rules affecting the admission of the Patients' friends are appended to each Quarterly Account.

OFFICERS, SERVANTS.

No Officer or person whatsoever employed in this Institution, shall give to, or receive from any Tradesman, Servant, Patient, Stranger, or other person whatsoever, any fee, reward, gratuity, or present, directly or indirectly, for any thing done on account of the Asylum, on pain of expulsion; nor bargain with any patient for the sale, purchase, or exchange of clothing, food, or other article.

BOOKS, ACCOUNTS.

Any Governor may at all times inspect, extract, or copy, any Bills, Accounts, Journals, Registers, Minute-Books, or Documents whatsoever, provided that the names of the Patients shall not be copied: and all Documents, kept by order of the Rules or of any Board, shall be the property of the Institution.

Note. A Key to the Official Books, Bills, Vouchers, &c. is left always in the House, so that they may be accessible to the Governors.

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